

THE SAND BAR

Appetizers

Chicken Wings

With celery and blue cheese dressing

10

Chicken Quesadilla

Grilled chicken served with cheddar cheese
lettuce, tomato, onion, diced peppers,
sour cream and salsa

11

Chicken Finger Basket

Served with French fries

9

Soups and Salads

Soup of the Day

Please ask your server for today's
fresh made selection

4.75 Cup

6 Bowl

Lowcountry She Crab Soup

With fresh crabmeat and laced
with sweet Sherry

5.25 Cup

6.75 Bowl

Caesar Salad

Shaved Parmesan and bread croutons

6

With Grilled Chicken Breast 11

Grilled Shrimp 12

Herb Encrusted Tilapia 12

Chef Salad

Medley of fresh lettuce, topped with julienne ham and turkey,
crisp bacon, Swiss and cheddar cheese,
sliced egg and tomatoes

9

Mango Tango

Soy-ginger marinated breast of chicken, grilled pineapple on a
bed of greens, strawberries, sesame seeds and
mango vinaigrette

10

Sandwiches

Your choice of French fries, sweet potato fries,
coleslaw or fresh fruit

Clubhouse Turkey Sandwich

Toasted Tuscan bread with lettuce, tomato, bacon and
roasted turkey breast

10

Links Angus Beef Burger

On a Kaiser roll, with tomato, lettuce, onion and pickle

9

Add Swiss, cheddar, Gorgonzola, bacon, sautéed mushroom \$0.50

Crispy Chicken Breast "Cordon Bleu"

With ham and Swiss cheese on a Kaiser bun

9.25

New York Turkey or Corned Beef Reuben

With sauerkraut, Thousand Island dressing,
Swiss cheese on Rye bread

10

Crab Cake Sandwich

Pan-fried Blue Crab cake with sweet pickle aioli

11

Grilled Flat Iron Steak Sandwich

With blue cheese fondue and mushroom on a toasted hoagie

11

Pulled Pork BBQ Sandwich

With Carolina mustard BBQ sauce

8.50

Big Easy Shrimp Po-Boy

On a hoagie with Cajun tartar sauce

9

Southern Style Crispy Tilapia

With tartar sauce and grilled tomatoes on a Kaiser bun

9.50

Chicken or Tuna Salad Sandwich

Served with choice of bread or wrap

9

Make it a melt for an additional \$0.50