

# fall/holiday

vacation planner 2009

golf • tennis • spa services  
family activities • dining • and more



## capture your great wild dunes vacation

What a great time of year to visit Wild Dunes Resort!

The ocean sparkles, the breezes are crisp and there's nearly as much to do this time of year as in the summer. Charleston and our sea island home are spectacular in the fall and winter.

In this issue, explore R&R in all its forms: rest and relaxation. Reinvigorate and roam... Whatever your definition of the perfect visit, we'll help you create it. No matter the season, we're all about combining fresh air, fresh ideas and a world of ease.

Please read on to see how we've planned everything with you in mind. To pre-register for programs and activities or for more information, call us anytime at 888.845.8915. While on the Resort, simply dial the extension provided.

Upon arrival, please check the weekly guest newsletter and Resort Channel 2, as activities and times are subject to change or cancellation.

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**Please Note:** All events are open to Wild Dunes Resort guests renting from Wild Dunes Resort Property Management, guests staying at The Boardwalk Inn or The Village at Wild Dunes® and Club Members only. Unless otherwise noted, all prices do not include tax, Resort service fees or gratuities. All prices are for Resort guests. Fees for guests with SportsCards are slightly higher. If you have any questions, please call 888.845.8915.

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# golf

For nearly 30 years, Wild Dunes has celebrated the great old game in style with 36-holes on the Harbor and Links courses, where gorgeous tableaux of sand, sea and land converge. Both courses were designed by Tom Fazio, and he still considers them among his best.

Your game, your way. That's the offer. Our guests range in age from six to 86. We host the pros - and the first timers. And we're happy to have you all.

Wild Dunes Resort is a non-metal spikes golf facility. Practice facilities are located across from the Links Clubhouse, and include a driving range, chipping area and putting green. Men's and women's Callaway rental clubs are available in both pro shops.

## The Courses

### The Links Course

Rolling fairways, hump-backed sand dunes and a water hazard others like to call the Atlantic. That's the Links, which *Golfweek* magazine calls "one of America's best resort golf courses." Here's a course that challenges even the most accurate driver. *Golf Digest* ranked it one of America's 100 Greatest Public Courses. See what you think. Extension 2180.

Par: 72      Yards: 6,722      Rating: 73.1      Slope: 132

*We're excited to welcome back the famed oceanfront 18th hole of the Links Course. After a 20-month cycle of natural beach erosion, the coastline along Wild Dunes Resort has been revitalized through a comprehensive beach restoration project. Working with original architect Tom Fazio, the 18th hole has re-opened in true links fashion as an oceanfront masterpiece. And we're celebrating with great rates! To learn more, call extension 2180.*

#### Links Course Golf Rates

*Rates are subject to change. Extension 2180.*

Daily Rate	Mid-day	Twilight
\$115	\$95	\$75

### The Harbor Course

If it rolls, it floats. That's the challenge here at the Harbor Course, where lagoons, marshes and the Intracoastal Waterway act like magnets on a misplaced shot. Most players wish they could shoot a 70 here. Extension 2301.

Par: 70      Yards: 6,359      Rating: 71.4      Slope: 131

#### Harbor Course Golf Rates

*Rates are subject to change. Extension 2301.*

Daily Rate	Mid-day	Twilight
\$60	\$55	\$45



family favorite



couples' choice

wilddunes.com

888.845.8915

## The Junior Fazio Course

Whether you have a budding Tiger Woods on your hands, or you want to get the next generation in the game so the whole family can enjoy outings together, our Junior Fazio Course on the Harbor Course is one of the best opportunities to get wee ones, tweens and teens swinging their clubs. Our set of junior tees ranges from a 45 yard, par 3 to the longest hole, a 300 yard, par 5. The course is geared towards kids, but still has a healthy dose of terrain with 2971 yards. Extension 2301.

## Practice Facility

Our practice facility is located across from the Links Clubhouse, and includes a driving range, chipping area and putting green. Both pro shops rent clubs and other gear. Extension 2180.

## Extraordinary Golf Specials

All Extraordinary Golf Specials have time restrictions and are based on availability. Spectators are welcome and, when available, will be provided with a complimentary golf cart to follow their group on the course. For evening specials, rental clubs are \$25 per set based upon availability. On the Resort, call extension 2164 for advanced tee times and extension 2180 on the day of play.

## Mid-day Rates

Enjoy a mid-day break away. Mid-day rates are available on both the Links and Harbor courses after noon. For more information, please call extension 2164.

## Couples Sunset Nine Hole

For couples looking for tee for two, we offer nine-hole play for a discounted rate on both our Fazio-designed courses after 4 p.m. Play the Links Course for \$75 per couple and the Harbor Course for \$50 per couple. Extension 2164.

## Ultimate Break Out

Enjoy the ultimate escape after your meeting. Play all the golf possible after 3 p.m. on the Links Course or the Harbor Course for a preferred rate. Times available are subject to change based on season. Starting at \$60 per player for the Links Course and \$40 per player for the Harbor Course. Extension 2164.

## Play Nine Any Time

Enjoy nine holes at either the Links or Harbor course any time on the day of play. Cost is \$75 per player for the Links Course and \$40 per player for the Harbor Course. Simply call either golf shop on the day you want to play to arrange a tee time. Extension 2164.

## Three Day Golf Pass

Enjoy unlimited golf for three consecutive days. Cost is \$249 per person for adults and \$75 for juniors ages 15 and under. Prices do not include a \$25 cart fee per person. Passes may be purchased through your reservation agent prior to arrival at 888.845.8915 or during your stay by calling extension 2164.

## Golf Schools and Instruction

### Resort Golf School

Our three hour golf school features a maximum of three students per instructor to ensure outstanding personal attention. The small class size, along with the extensive use of video reviews, drills and proven teaching aids, will give you the tools required to improve your game. Classes are available Monday through Saturday. Cost is \$175 for one day or \$325 for a two day session. Extension 2022.

### VIP Golf School

Take your game to the next level! A customized private golf school is available for one to three day sessions. On course instruction and video analysis are included. Please call for pricing. Extension 2022.

### Discover Golf Clinic

Learn the fundamentals and develop your game on some of the country's best courses, under the guidance of golf professionals. You'll leave feeling confident in your skills and secure in the basics, ready to play anytime, anywhere. All equipment is supplied. Classes are by appointment and last 90 minutes. Minimum of two students per workshop, maximum of four. Cost is \$95 per person. Extension 2022.

### Private Instruction

One-on-one lessons are often the catalyst that sends you to the next level of play, no matter your experience. Sign up for a workout with one of our first-rate professionals and you're sure to see results. Lessons run from 50-60 minutes. Cost is \$95 per person. Extension 2022.

### In Search of the Perfect Swing (Video Analysis)

In this 90-minute session, instructors will record your short and full swings to review and develop both immediate and long-range plans for improvement. The most comprehensive tool available to understand your strengths and weaknesses, a videoed lesson is a valuable experience for anyone who is serious about improving their game. Cost is \$125 per person. Extension 2022.

### Drive for Show, Putt for Dough Clinic

Learn the basics of putting through a series of drills and visual aids. This video taped putting lesson will give golfers of all levels improved confidence in their putting skills. Cost is \$125 per person. Extension 2022.

### Ladies on the Links

Ladies, don't let the game of golf intimidate you. This two hour clinic will familiarizes you with the rules and etiquette of the game. Our golf professional will introduce you to the swing and general golf fundamentals. Cost is \$125 per person. Extension 2022.

### Playing Lessons

Our teaching professionals will accompany you for a few holes and evaluate your technique, course strategy and equipment. Your instructor will recommend an improvement plan tailored specifically to your goals. Cost is \$145 for a 90 minute session. Extension 2022.

## **Golf Motion Assessment**

A lack of flexibility through the hips and trunk can be a major hindrance to a good golf swing. After conducting trunk, neck and hamstring flexibility tests, your personal trainer will review stretches you can do on your own to increase and maintain your flexibility. Cost is \$65 for 50 minutes. Extension 7008. \*Add a 50-minute neuromuscular massage to release tight muscles that might hinder your golf game for only \$70.

## **Junior Instruction and Family Golf**

### **All in the Family**

Each member of the family will improve their skills in our family session. We focus on the fundamentals needed to develop and perfect each person's best swing. With the help of video analysis by our Director of Golf, you'll see just where your strengths are. It's the best way to get ahead while fostering a life-long love for a sport you'll always have in common. Cost is \$95 for two students (\$20 per additional student). Maximum of four students allowed. Extension 2022.

### **Golf 101 Daily Clinics**

This clinic is perfect for the any junior golfer. A golf professional will teach and refine the basic skills of the game. All equipment is supplied. This clinic is offered Monday-Friday from 4-5 p.m. Cost is \$20 per junior (ages 6-16). Class size is limited. Extension 2022.

### **Rising Star Junior Golf School**

This two-hour school for juniors ages 8-16 gives them a chance to improve their skills while having a blast. By the end of the lesson, players will learn the basics of full swing shots, short game skills, rules and etiquette. The schools are held daily at the Links Course practice facility. Cost is \$115 per person. Minimum of two students required. Extension 2022.

### **Fazio Junior Program**

Perfect for young golfers. Juniors, ages 15 and under, can play 18 holes for a nine-hole rate after 11 a.m. Juniors must be accompanied by a full paying adult. Cost is \$70 per player on the Links Course and \$40 per player on the Harbor Course. Extension 2164.

### **Family Evening Golf**

Enjoy the fresh air, company of friends or family and award winning golf. With each full paying adult, one junior (age 15 and under) plays free after 4 p.m. Cost for adults is \$55 on the Links Course and \$40 on the Harbor Course. Time restrictions apply. Extension 2164.

Please note: Prices do not include tax.

# tennis

Tennis is in our blood. Wild Dunes started out as a small, local tennis club, and we've never lost our affection for the game. Our Tennis Center lies right in the center of the Resort, where 17 Har-Tru courts include one stadium style and five lit for night play.

Guests can come armed with semi-pro status, or swing a racquet for the first time. No matter what, we'll rise to the challenge. We offer adult, junior and Tiny Tots programs, professional instruction, matchmaking for all levels and more. Our full-service pro shop sells, rents and repairs.

Come see why *Tennis* magazine ranked us one of the top tennis resorts in the country for nine consecutive years!

For more information and to pre-register for any programs or lessons, call 888.845.8915 or on the Resort, call extension 2113.

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## Tennis Programs

### Adult Ball Machine

Ball machines sometimes make the best opponents: tireless, precise and robotic, they drill you on return shots. Cost is \$100 for a five-day unlimited rental, \$25 per hour or \$15 per half hour. Advanced reservation is requested 24 hours in advance at extension 2113.

### Matchmaking Service

Looking for a game? The Wild Dunes Tennis Center takes great pride in successfully matching compatible players. Whether you're looking for singles, doubles or mixed doubles, stop by the Tennis Center and fill out a questionnaire. Extension 2113.

### Racquet Service Center

The technicians in our Service Center, located in the Tennis Center Pro Shop, will evaluate your racquet and strings. As a full-service center, we guarantee racquet stringing in 24 hours. Extension 2113.

### Court Access and Hourly Fees

As a Wild Dunes Resort guest, you're invited to enjoy one hour of complimentary court time per room, per day beginning after noon. For additional hours or court times reserved before noon, the cost is \$15 per hour. (Reservations are based on availability and cannot be made more than 24 hours in advance. Call extension 2113 on the day of play for availability.)

### Challenge a Pro (Level 4.0 and above)

Do you think you're good enough to beat the pro? Challenge a pro for one hour in a match (instruction not included). Cost is \$50 per person per hour. Extension 2113.

### Tennis Training

Athletes prone to tennis elbow are often also prone to rotator cuff injuries. In turn, rotator cuff exercises can help prevent common injuries that occur in racquet sports. Our staff of personal trainers will show you how to perform exercises to strengthen rotator cuff muscles. Cost is \$35 for 30 minutes. Extension 7008.

## Tennis Clinics and Instruction

### Tennis Instruction Rates

Extension 2113

#### *Private Lessons*

- Director of tennis: \$90/hour or \$50/half-hour
- Head professional: \$80/hour or \$45/half-hour
- Staff professional: \$60/hour or \$35/half-hour

#### *Series of Five Private Lessons (One Hour)*

- Director of tennis: \$425 per person
- Head professional: \$375 per person
- Staff professional: \$275 per person

#### *Semi-Private Lessons*

Two people on the court with a professional

- Director of tennis: \$100/hour or \$50/half-hour
- Head professional: \$90/hour or \$45/half-hour
- Staff professional: \$75/hour

Three people on the court with a professional

- Director of tennis/head professional: \$35 per person per hour
- Staff professional: \$30 per person per hour

Four people on the court with a professional

- \$27 per person per hour

### Cardio Tennis (All levels)

Get the workout you're looking for with non-stop drills and tennis-specific footwork. No previous tennis experience is necessary. This clinic meets Friday, Saturday and Sunday from 8-9 a.m. Cost is \$27 per session. Extension 2113.



#### **Peak Performance Clinic (Level 3.5 and above)**

In our most intense clinic, instructors focus on the advanced concepts of the game. A fun and challenging workout, this clinic is designed for the intermediate to advanced player. This clinic meets daily from 10 a.m.-noon and Friday, Saturday and Sunday from 8-10 a.m. Cost is \$48 per session. Extension 2113.

### Stroke of the Day Clinic (All levels)

Each day offers the opportunity to practice a new stroke with emphasis on consistency, control and spin. This clinic meets daily from 9-10 a.m. Cost is \$27 per session. Extension 2113.

Monday - forehand and backhand

Tuesday - approach shot and volley

Wednesday - lob and overhead

Thursday - serve and return

Friday - drop shot and week review

Saturday and Sunday - instructor's choice

### Daily Drill (All levels)

This exhilarating, fast-paced practice session features a new theme each day to take your game to the next level. This clinic meets daily from 10-11 a.m. The cost is \$27 per session. Extension 2113.

- Monday - forehand and backhand
- Tuesday - approach shot and volley
- Wednesday - lob and overhead
- Thursday - serve and return
- Friday - doubles strategies
- Saturday and Sunday - instructor's choice

### Daily Duo (All levels)

Interested in both the Stroke of the Day and Daily Drill? Combine them in the Daily Duo. This program meets daily from 9-11 a.m. Cost is \$48 per session. Extension 2113.

### Tennis Clinic Passes

Buy tennis clinic passes in advance of your stay and create your own mix of clinics at a discounted rate for the ultimate in training. Does not include private instruction. Please call 888.845.8915 or extension 2260 on the Resort for more information.

Clinic Hours	Cost Per Person
4 hours	\$88
6 hours	\$132
8 hours	\$176
10 hours	\$220

\*Need a little relaxation after your time on the courts? Sand & Sea Salon and Spa Services offers an array of body treatments that will have you relaxed in no time. Try our signature massage, the Hot Herbal Compress. Extension 2555.

## Junior Tennis Instruction

### Tiny Tot Tennis (Ages 4-6)

Children are introduced to tennis with the exciting new USTA Quick Start program as well as other fun games and activities. This clinic is offered Monday-Friday from 11-11:45 a.m. Cost is \$20 per session. Extension 2113.

### Junior Masters (Ages 7-11)

Our instructors develop tennis fundamentals in this fun clinic designed for beginner to intermediate players. This clinic meets daily from 9-11 a.m. Cost is \$48 per session. Extension 2113.

### **Future Stars Clinic (Ages 12-16)**

This clinic for young intermediate players features a variety of demanding drills to improve their game. The clinic meets daily from 9-11 a.m. Cost is \$48 per session. Extension 2113.

### **Afternoon Junior Masters (Ages 7-11)**

This junior clinic accommodates all levels for a challenging tennis workout. This clinic meets Monday-Friday from 4-5 p.m. Cost is \$27 per session. Extension 2113.

### **Pro-Am Invitational**

Wild Dunes guests are invited to participate in this tournament October 16-17. To register or for more information, please call 843.886.2113.

**Please note:** For all one hour clinics, if there is only one participant, the clinic will be a half hour in duration. For all two hour clinics, if there is only one participant, the clinic will be one hour in duration. If there are two participants in a two hour clinic, the clinic will be an hour and a half in duration.

### **Get instruction from our pros online!**

Visit [wilddunes.com](http://wilddunes.com), select "Tennis," then "Clinics and Instruction" to view helpful tips from our pros!

**Wild Dunes Resort is proud to host the  
USTA Super Seniors Tournament, November 5-8, 2009.**

Court time is not available during the Super Seniors Tournament.  
We apologize for the inconvenience.

# island adventures®

play • explore • learn

When we say Wild Dunes Resort is a year-round retreat, we really mean it. Fall and winter offer everything from family wellness weekends to holiday crafts, shopping excursions and more.

Please note: Some activities require advanced booking. Make appointments to play by calling 888.845.8915. Times are subject to change on our family and kid's activities, and parents are expected to accompany children to all activities.

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## Swimming Pools

The weather here on the island is still beautiful and perfect for swimming outdoors well into fall. All Wild Dunes Resort guests are invited to use both Grand Pavilion swimming pools as well as the Swim Center featuring lap swimming, recreational swimming and our Splash Zone. For guests staying in villa complexes, most are flanked by their own pool if you prefer to take a dip right outside your door. Boardwalk Inn guests can slip into the Boardwalk Inn pool, or gaze over the dunes in our two oceanfront pools at the Grand Pavilion.

## Lap Swim & Family Swim

Lap swim and Family Swim are available at the Swim Center daily from 7 a.m.-dusk. Please call for lap swim times. Extension 2264.

## Swim Lessons

Get your child acclimated to the water or fine tune swim strokes with swim lessons from our certified professionals at the Swim Center. Extension 2264.

*Private Swim Lessons* A private swim lesson is a 30-minute swim lesson for one student. Cost is \$25 per person. Reservations are required 24-hours in advance. Extension 2292.

*Semi-Private Swim Lessons* A semi-private swim lesson is a 30-minute swim lesson for two students. Cost is \$15 per person. Reservations are required 24-hours in advance. Extension 2292.

## Surf Lessons

Fall in the Southeast is the best time to catch a wave. We maintain consistent swells this time of year. Join in with our instructors as we teach you safety and the basics to get you started on your very own surf adventure. Private lessons are \$60 an hour and semi-private lessons are \$35 per person for one hour. A 48-hour advance reservation is required. Lessons are based on availability and dependent on weather conditions. Extension 2264.

## Go Wild Waterslide

Come make a splash on our 18 foot high waterslide! Located at the Wild Dunes Swim Center. Open every Saturday and Sunday, September 5-October 11. Extension 2264.

1 day pass	3 day pass	5-7 day pass
\$5	\$12	\$25

## Bicycle Rentals

Explore our beautiful island on wheels. Junior and adult bicycles, tandems, baby joggers and trailers are available for rent at the Bike Shop located at the Tennis Center. Rentals are available by the hour, half-day, day, multi-day or week. Extension 2293.

	1 hour	4 hours	24 hours	3 days	4-7 days
Junior/Adult	\$8	\$15	\$24	\$40	\$55
Baby Jogger	\$10	\$18	\$25	\$45	\$60
Tandem/Trailer	\$18	\$25	\$40	\$60	\$80

*\*prices do not include tax*

## Island Adventures Rentals

We rent the essentials for an enjoyable day at the beach or in your home or villa. Please see the rental menu below. From October 1-December 31, a 24-hour advance reservation is required. Extension 2292.

### *Island Adventures Rentals:*

Bocce Ball Set	\$10/day
Croquet Set	\$10/day
Flag Football Set	\$10/day
Sports Bag (includes volleyball, frisbee and football)	\$10/day, \$40/week
Horseshoes	\$10/day
Beach Tennis Set	\$10/day
Ocean Floats	\$10/hour, \$25/day
Boogie Board	\$10/hour, \$25/day
Skim Board	\$15/hour, \$30/day
Surf Board	\$15/hour, \$45/day

## Go Wild Crafts and Adventures

The following activities provide kids and parents the opportunity to make island memories by creating unique coastal souvenirs or having a wild adventure. All activities last approximately one hour and are offered September 7-October 31. Please see chart for days and times. Payment for all crafts & activities can be made to the Island Adventures Staff at the time of the activity. Reservations are required 24 hours in advance. Extension 2292.

Time	Friday	Saturday	Sunday
noon	Guitar Hero at Island Adventures Outfitters	Tie Dye at the Swim Center	Family Stepping Stones at the Swim Center
2 p.m.	Family Stepping Stones at the Swim Center	Guitar Hero at Island Adventures Outfitters	Flag Football on the Grand Pavilion North Lawn
4 p.m.		Family Bingo at Island Adventures Outfitters	

In case of inclement weather, please call extension 2292 for alternate locations.

**Family Bingo** Join us for an evening of family bingo, complete with prizes for the winners! Cost is \$5 for two cards and four games.

**Family Stepping Stones** Make your first of many Wild Dunes Family Stepping Stones—perfect memories for your garden or back yard. Don't forget the beautiful shells you collected all week to incorporate into your craft. Cost is \$15 per child.

**Flag Football** Bring the whole family out to enjoy this classic American sport. Complimentary

**Guitar Hero® Challenge** Let your inner Rock Star out!. Match your guitar shredding wits with other Rocks Stars to find out who will be Wild Dunes' very own Guitar Hero. Don't forget to dress the part! Cost is \$5 per person.

**T-shirts to Dye for!** Dye your very own groovy Island Adventures T-shirt. Each shirt is as unique as the person who made it! Cost is \$15 per child.

## Wild Excursions

The Island Adventures team invites you to join our experienced captains and naturalists while they lead you on an adventure that showcases the unique natural environment that surrounds Wild Dunes and Charleston.

**Please note:** Due to limited space, advanced registration is required and must be made by 5 p.m. the day prior to the excursion date. If you need to cancel a reservation, please call Island Adventures at extension 2292 by 5 p.m. the day prior to the excursion to avoid being charged the full cost of the excursion. Island Adventures provides transportation to the appropriate site. Please plan on arriving at Island Adventures Outfitters on The Village Plaza 40 minutes prior to the scheduled departure time for each excursion.

Please dress appropriately for the excursion. You may wish to bring the following: sunscreen, swimsuit, hat, shoes you can get wet, insect repellent, retention strap for glasses and plenty of fluids.

*Many of the Island Adventures activities that are highlighted are provided by vendors with no relationship to Wild Dunes Resort. Wild Dunes makes no representation as to the quality of the service provided by these vendors. Wild Dunes Resort, its owners, managers and employees assume no responsibility for any injury or damage incurred during the activities offered herein.*

Pricing is subject to change. All excursion prices are subject to 7.5% state sales tax.



### Duney's Island Adventure

Join us for Wild Dunes' very own island adventure! Members of our Island Adventures team guide you on a scenic trip through the Resort by bicycle until you reach an access path to venture to Dewees Inlet, which is located on the northern tip of the Isle of Palms. Your hosts will teach you all about crabbing and cast netting once you arrive. As you catch crabs and other interesting marine life, our team will educate you about these critters of the deep! This will be a relaxing morning of biking through beautiful scenery, making fun discoveries and learning the locals' way of reeling in a good time! Cost is \$20 per adult, \$15 per child 12 and under. Trips run every Friday from 9-11:30 a.m. Extension 2292.

### Creek Fishing

Tag along with our top Lowcountry guides as they take you to their cherished secret fishing holes in the nearby salt marsh creeks. Bait, tackle and license provided for you to fish for trout, red fish, shark, flounder and more. Cost is \$400 for up to 3 people, \$50 for each additional person up to 8 total. Offered daily; please call for available times. Extension 2292.

### Beachside Cookout

Cruise up the Intracoastal Waterway and treat your family to a beachside cookout on Caper's Island! You will have ample time to explore Boneyard Beach and look for the perfect sea shells while the crew prepares dinner. Sit back, relax and enjoy your meal as the sun sets over the beautiful salt marshes. A Lowcountry boil of fresh shrimp, smoked sausage, corn, onion and potatoes will soon become a family favorite! Available to groups with six or more people. Offered daily, by advanced private reservation only. Price quote upon request. Extension 2292.

## Eco-Tours

All of our Eco-Tours are lead by local naturalists and many stop on Caper's Island Heritage Preserve, one of the last undeveloped barrier islands along the east coast. Once arriving at Caper's Island, you'll have a chance to walk through Caper's Boneyard Beach, a natural forest preserved on the beach front. Guests are always welcome to bring their own food and beverages on all eco-tours.

### Capers Island Wildlife Exploration

During this excursion, we will cruise aboard our shaded vessel through winding tidal creeks to find diverse wildlife living in our salt marsh environment. Common sightings include bottlenose dolphins, egrets, herons, crabs, oyster beds, shrimp and more! The final part of the trip is spent as free time exploring Caper's Island at your own pace. Cost is \$38 for adults, \$28 for children ages 3-12 and complimentary for ages 2 and under. Trips are offered Tuesday, Thursday and Saturday from 9 a.m.-12:30 p.m. Extension 2292.

### Dolphin Discovery Sunset Cruise

Take in a Lowcountry sunset over the marshes, and join our naturalists in their search-and-discovery mission for the bottlenose dolphin and loggerhead sea turtle. We'll also make a stop at Caper's Island for a stroll on the beach. Cost is \$34 for adults, \$24 for children ages 3-12 and complimentary for ages 2 and under. Trips are offered Wednesday, Friday and Sunday. Please call for available times. Extension 2292.

### Caper's Island Kayak Adventure

Take a boat ride through winding tidal creeks to Caper's Island Preserve. Along the way, your naturalist captain will pull crab traps and stop for dolphin watching. Once you arrive on Caper's Island, your guide will unload the kayaks onto the inlet beach. After brief instruction, you will paddle through the salt marsh creeks behind Caper's Island Preserve. You will even have a chance to get out of your kayak to explore Caper's beautifully pristine front beach. Cost is \$85 per adult, \$75 per child ages 12 and under. Trips are offered Wednesdays and Saturdays from 8:30-11:30 a.m. Extension 2292.

### Sunset Kayak Voyage

Our naturalists will take you by boat loaded with kayaks to the calm waters of Gray Bay located a short distance behind the Isle of Palms. Since we are departing from the boat, your naturalist guide is able to put you in at the perfect position so you can paddle with the tide and wind. We will paddle through small tidal creeks for up close observation of numerous shore birds and wading birds, dolphins, fiddler crabs, shrimp and fish. If the tide is just right, you will also have the opportunity to pull up on a marsh hammock island and explore shell middens left by the Native Americans! Trips are offered Tuesdays and Saturdays. Please call for available times. Trips are two hours in duration. Cost is \$65 per adult, \$55 for children ages 12 and under. Extension 2292.

## Sailing Charters & Instruction

Enjoy private sailboat charters for four to six people on half day, full day or sunset cruises on Charleston Harbor. With a fleet of yachts that range in length and luxury from 26 to 47 feet, there's something for everyone! When you charter one of these sailboats, anyone in your group may actively participate in sail handling and steering, or all may simply relax and let the captain handle the duties. You'll feel right at home with our highly experienced and personable captains who also serve as instruc-

tors at the Charleston Harbor based sailing academy. If you'd like to learn to sail or improve your skills, this is the place to do it. In addition to private sailing charters, small group sailing instruction is available for up to six people. Half-day and multi-day classes are taught seven days a week. Conveniently located at Patriot's Point, beautiful, historic Charleston Harbor lends some of the best sailing on the East Coast. For more information, please call extension 2292.

## ***Extreme Water Sports***

Test your limits with an extreme water adventure! Whether you're sailing 800 feet above the ocean, free riding on a Waverunner or cruising with friends on a banana boat, these water sports guarantee high speeds and panoramic views of the barrier island. Call extension 2292 for day and time availability for all extreme water sports.

**Please note:** Due to limited space, advanced registration is required and must be made by 5 p.m. the day prior to the excursion date. If you need to cancel a reservation, please call Island Adventures at extension 2292 by 5 p.m. the day prior to the excursion to avoid being charged the full cost of the excursion. Island Adventures provides transportation to the appropriate site. Please plan on arriving at Island Adventures Outfitters on The Village Plaza 40 minutes prior to the scheduled departure time for each excursion.

### **Free Ride**

Free Ride is the fastest on-water experience as Yamaha Waverunners zip through over ten square miles of open waters at speeds up to 60 mph. Waverunners can accommodate up to three passengers or about 400 pounds. Extension 2292.

- One Rider \$60/half hour, \$90/hour
- Two Riders \$70/half hour, \$110/hour
- Three Riders \$80/half hour, \$115/hour

### **Safari Tour**

Accompany knowledgeable guides through areas only accessible by personal watercraft. This three-part trip consists of backwater exploration, an open water free ride and shelling on a barrier island. Cost is \$115 for one rider and \$135 for two riders. Trips are 90 minutes in duration. Extension 2292.

### **Parasailing**

Get a bird's eye view as Coast Guard Certified captains and mates take you flying from the deck of a 31 foot custom parasail boat. Hold on as you are gently lifted up to your choice of 600 or 800 feet and then soar through the air by parachute. Please note: Parasailing is a weather-sensitive activity. Trips may be rescheduled at any time. Cost is \$60 for a 600 foot ride, \$80 for an 800 foot ride and \$25 per observer (based on space availability). Trips include a one-hour boat ride and 15 minutes of flight time. Extension 2292.

## Banana Boat Rides

Fun for the entire family, your banana boat ride can be slow and scenic or an adventurous ride! Guides tow your party from behind a Yamaha Waverunner. Cost is \$25 per passenger. Trips are 30 minutes in duration. Extension 2292.

## Wakeboarding/Waterskiing/Kneeboarding

Try your choice of water sports. Captains can accommodate newcomers to these watersports with lessons or a few tips to the intermediate riders. Boat and all the necessary equipment is supplied including wakeboards, water skis, knee-boards and inner tubes. Cost is \$300 per boat. Trips are 2 hours in duration, with a maximum of six people. Extension 2292.

## Explore Charleston

**Please note:** Due to limited space, advanced registration is required and must be made by 5 p.m. the day prior to the excursion date. If you need to cancel a reservation, please call Island Adventures at extension 2292 by 5 p.m. the day prior to the excursion to avoid being charged the full cost of the excursion.

## Charleston Ghost and Dungeon Walking Tour

Come explore The Holy City's streets, cemeteries, back alleyways, churches and join experienced and fully-licensed tour guides on a one and a half hour walking tour through the dark edges of Charleston's Haunted Historic District. You'll hear fun and chilling stories of Charleston ghosts, haunted houses, voodoo and Lowcountry superstitions. This is the only Charleston, SC ghost tour that has access to the dungeon! For more information, please call extension 2292.

## Charleston Ghost and Graveyard Walking Tour

You'll get an exclusive opportunity to walk inside the gates of one of Charleston's oldest graveyards after dark. When all of the other walking tours are looking in through the wrought iron fence, you'll be on the inside. Explore the graveyard's dark corners, closely inspect the headstones to see what you might learn, and take a moment to step across the graves, if you dare. Learn about the history of Charleston's graveyards and hear the stories of the famous individuals who found their final resting place in the Holy City. You've heard the spooky Charleston ghost stories, now experience them on this up close and personal tour that takes you where others don't dare go. Graveyards - full of history, intrigue and tales of love and loss. For more information, please call extension 2292.

## The Haunted Jail Tour

Join us for a behind the scenes tour of The Old City Jail, which housed some of Charleston's most infamous criminals including 19th century pirates and Civil War prisoners. The Old City Jail was in operation from 1802 until 1939 and most of the building's original structures remain intact, including the cells and warden's quarters. The Haunted Jail Tour takes you through the cells, hallways and into the places where Charleston's worst criminals lived and died. This is one of the most popular Charleston ghost tours. For more information, please call extension 2292.

## **The Charleston Stroll - A Walk with History**

Come explore the historic Battery with a native Charlestonian guide. Meander through back alleyways and cobblestone streets, and stroll along the prestigious Battery, reveling in the city of Charleston's amazing beauty and historic traditions. There is something for everyone to enjoy on this popular Charleston historic tour.

Some of the highlights will include:

- Rainbow Row
- Antebellum Mansions
- Hidden Gardens & Courtyards
- Churches & Graveyards
- The Old Exchange Building
- The Civil War & a visual tour of Fort Sumter
- Two Meeting Street Inn

For more information, please call extension 2292.

## **Charleston Harbor Tour**

Climb aboard the Carolina Belle to enjoy the beauty of the Charleston Harbor and learn the rich history of the Holy City. During the scenic and relaxing 90 minute tour, you will see over 75 landmarks and points of interest! Your professional USCG licensed captain will narrate history, sights and facts about the Charleston Harbor as you pass locations critical to United States history. While aboard the Carolina Belle, you'll get close-up views of the Holy City's most famous and charming sights, including:

- Fort Sumter (one of Charleston's most popular landmarks, where the first shots of the Civil War were fired)
- Confederate and Union Army Forts, Moultrie and Johnson
- The USS Yorktown (the famous World War II "Fighting Lady")
- St. Michael's Episcopal Church (survivor of both the Revolutionary and Civil Wars, whose steeple was painted black to avoid being an easy target)
- Stately homes on the Battery (Symbols of Southern elegance and perseverance)
- Cooper River Bridges, including the Arthur Ravenel Jr. Bridge (a state-of-the-art span that accommodates some of the largest ships in the world)

This family-friendly, relaxing, and insightful cruise is the best way to discover the Holy City and its famous harbor! The 80-foot Carolina Belle features graceful, classic lines. During your cruise, be sure to visit both the climate controlled Main Salon and the Observation Deck to enjoy spectacular harbor views from every angle! For more information, please call extension 2292.

## **The Schooner Pride**

Tour Charleston Harbor and experience the best in Charleston sailing, sightseeing and attractions on The Schooner Pride, a classic 84' tall ship. Considered one of the top five things to do in Charleston, join us for our exhilarating daily sails or romantic sunset sails to escape the crowded streets and sweltering heat of downtown Charleston, SC. Take in the Holy City the way it was meant to be seen, from the peaceful waters of Charleston Harbor, as we mingle with dolphins, pelicans and gulls on our two hour sailing tours. As we lift our sails, the cool breeze will whisk you away to a time care forgot. Relax and sip wine or another cool beverage as we sail from the Aquarium Wharf and continue sailing past the historic Battery, towards Ft. Johnston and Ft. Sumter. The Pride invokes visions of when Charleston was a very prominent sailing harbor during our country's very development. Modeled to resemble the old coastal

trading schooners, the Schooner Pride has all the charm and character of the great old days of sail. The Pride is USCG certified for up to 49 passengers. For more information, please call extension 2292.

### Palmetto Carriage Tours

A carriage tour of Charleston is a blend of knowledge, wit, humor, and history. It is exciting and ever changing as the ultimate urban battle of 19th century conveyance in a 21st century city continues. During this one hour tour, you will experience 25-30 blocks of Charleston's historic downtown district. You will see beautiful and historic houses, gardens, mansions, churches, and parks. You will be captivated while learning about buildings, history, architecture, flora and people. Most importantly, you will be a living part of what Charleston is all about and has to offer. For more information, please call extension 2292.



### Vacations should be easy...

Instead of carrying cash around on vacation, Go Wild Cards can be used as debit cards for goods and services purchased on the Resort. Perfect for families! Go Wild cards may be purchased in advance at 888.845.8915 or in any Resort outlet.

### Holiday Gift Cards

The perfect holiday gift for anyone on your list this season, Wild Dunes Gift Cards and Go Wild Cards can be redeemed at all Resort outlets. To purchase, visit any Resort outlet or [wilddunes.com](http://wilddunes.com).

# seasonal events

## Labor Day

### Labor Day 5K Beach Run/Walk

Saturday, September 5

Join us at the Grand Pavilion at 8 a.m. for a run on the beach! Prizes will be awarded for the top male and female finisher. Entry fee is \$25 and includes a t-shirt. Please pre-register at the Fitness Center on The Village Plaza 24 hours in advance. Call extension 7008 for more information.

### All American Block Party

Saturday, September 5

Celebrate Labor Day weekend Wild Dunes style! The Village Plaza is full of action from 4-7 p.m. with live music and recreational festivities. The party is complimentary and tickets are available to purchase for food and beverages. Cocktails will be available at The Lettered Olive Bar.

### End of the Summer Beach Blast

Sunday, September 6

Bid summer farewell with food, fun, your favorite beverages and entertainment at the oceanfront Grand Pavilion. Enjoy a picnic style dinner with southern style fried chicken, mac and cheese and all the fixin's served from 6:30-8:30 p.m. Cost is \$18 plus tax and service charge for adults, \$10 plus tax and service charge for children ages 5-12 and free for ages 4 and under. Cash bar. Reservations are required at extension 2307. To cancel, please call 48 hours in advance to avoid being charged in full.

## Halloween

### Ghostly Campfire Tales

Saturday, October 17 and 24

What a frightfully fun way to learn about Charleston's ghostly past! For those who dare, join us on The Village Plaza from 8-9 p.m. Cost is \$5 per person, complimentary for children under age 5. S'mores and hot chocolate will be available for purchase. Extension 2292.

### 2009 Halloween Bash

Saturday, October 31

Join us for a spooktacular time at this year's Halloween bash! We'll play games and dance the night away with our ghoulishly great DJ at the Links Clubhouse from 8-10 p.m. Fun for all ages! Extension 2292.

## Thanksgiving

### Thanksgiving Crafts and Adventures

The following activities provide kids and parents the opportunity to make island memories by creating unique coastal souvenirs or having a wild adventure. All activities will last approximately one hour. Reservations are required. Please sign up 24 hours in advance. Extension 2292.

Wednesday, November 25-Saturday, November 28


Time	Wednesday	Thursday	Friday	Saturday
noon	Pilgrim and Indian Hats on The Village Plaza	Parade and Turkey Festival 10:30 a.m.	Gravy Bowl at the Grand Pavilion North Lawn noon-5 p.m.	Turkey Tie Dye at the Swim Center
3 p.m.	Turkey Tie Dye at the Swim Center			Oyster Ornaments on The Village Plaza

**Gravy Bowl** Join us for the first flag football Gravy Bowl at Wild Dunes Resort! Teams of six will compete for the title of the Gravy Bowl Champions. Bring your own team, or we can form one for you. Entry fee is \$5 per team or \$1 per person. Games will be held at the Grand Pavilion North Lawn. Advanced registration is required at extension 2292.

**Oyster Ornaments** Take a piece of the Lowcountry home with you. Paint your own oyster shell and create a beautiful ornament for the holidays. Cost is \$5 per child.

**Pilgrim and Indian Hats** You'll spend this year's Thanksgiving Feast in style with a festive hat of your choice to design. Cost is \$10 per child.

**Turkey Tie Dye** Tie Dye a special Island Adventures Turkey shirt. Each shirt is as unique as the person who made it! Cost is \$15 per child.

 **Parade and Turkey Festival**

Thursday, November 26

No Turkey Day is complete without parades. And we've got one that beats Macy's hands down because you're in the driver's seat! You can purchase a decorating kit and rent a golf cart, and it's up to you and your team to create a masterpiece. Prefer to ride a bike? Rent and decorate a bicycle to ride in the parade. The parade includes an escort by the Isle of Palms Fire Department and a special appearance by Santa Claus himself. Prizes will be awarded. Cart decorating begins at 9 a.m. and the parade starts at 10:30 a.m. Cost is \$25 to rent a golf cart and includes entry fee. Entry fee is \$5 if you bring your own cart or rent and decorate your own bike. We will have a limited number of golf carts; please call extension 2292 to make reservations.

**A Tradition Continues at The Sweetgrass Pavilion**

You are invited to celebrate the holiday at The Sweetgrass Pavilion with a delicious seaside Thanksgiving feast. The buffet tables will be filled to the brim with a cornucopia of delights. We'll have turkey and your favorite trimmings along with roast beef, ham, seafood and all the appetizers, salads, vegetables and tantalizing desserts a hungry pilgrim could hope for. Enjoy your Thanksgiving meal in The Sweetgrass Pavilion ballroom from 11:30 a.m.-5 p.m. Cost is \$50 inclusive of tax and gratuity for adults, \$25 inclusive of tax and gratuity for children ages 5-12 and complimentary for children under 4. Reservations are required at extension 2307. To cancel, please call 48 hours in advance to avoid being charged in full.

## **The Lettered Olive**

For a more casual Thanksgiving meal, The Lettered Olive will be serving regular menu items for lunch and dinner, with the traditional turkey fare and holiday specials. Extension 7300.

## **Thanksgiving Feast Delivered**

We offer a Thanksgiving meal certain to fill you up, delivered straight to you! Our delicious feast includes a 12-15 pound whole roasted turkey, sweet potatoes, mashed potatoes, stuffing, sautéed green beans and carrots, and sides of gravy and cranberry sauce. Dessert features a whole apple pie and pumpkin pie. Serves 10-12 people. Delivery available from 12:30-2:30 p.m. on Thanksgiving Day, November 26. All Thanksgiving dinners delivered must be reserved by 6 p.m. on Monday, November 23. Cost is \$225. Extension 2307.

## **Holiday Market and Tour of Shops**

The day after Thanksgiving is the busiest shopping day of the year. Take advantage of Resort-wide sales at each of our shops as well as local artisans and vendors on The Village Plaza. The sale will be held at the Tennis Pro Shop from 11 a.m.-1 p.m., the Harbor Pro Shop from 1-3 p.m., the Links Pro Shop from 3-5 p.m. and ending on The Village Plaza from 5-7 p.m. Friday, November 27. Extension 2002.

## **Thanksgiving Festival**

Friday, November 27

Join us at the Grand Pavilion for a seaside celebration! Marvel at how the Grand Pavilion glows during our tree lighting ceremony at 5:30 p.m., experience a Lowcountry tradition as you shuck oysters from 5:30-7:30 p.m. and watch the holiday classic, *Home Alone* at 7:30 p.m. Enjoy live music from 4:30-7:30 p.m. and get in the holiday spirit while roasting marshmallows and visiting with Santa. Beverages, candy and sweets are available for purchase. Movie and entertainment are complimentary. Cost for the oyster roast is \$30 for adults inclusive of tax and gratuity, \$15 for children ages 5-12 inclusive of tax and gratuity and complimentary for children under 4. Reservations for the oyster roast are required at extension 2307. To cancel, please call 48 hours in advance to avoid being charged in full. Extension 2307.

## **Little Gobblers Golf Clinic**

Saturday, November 28

Get the kids (ages 5-15) outdoors for a great fall afternoon of golf instruction at the Links Driving Range from 2-3:30 p.m. Cost is \$25 per child. Extension 2022.

## **Sixth Annual Turkey Trot**

Saturday, November 28

Take some of the guilt out of your holiday eat-a-thon with a scenic 5K beach run. Meet our personal trainers on the Grand Pavilion at 9 a.m. and get your day started right. Entry fee is \$25 and includes a t-shirt. Extension 7008.

## Holly Jolly Holiday Happenings!

Escape the holiday hustle and bustle at Wild Dunes Resort, where families can gather in big or small numbers and the season is carefree. We've put together a selection of entertainment, exercise and dining options that allow you to savor it all. If you've never tried a seaside celebration, just look at what's in store.

### Christmas

#### Holiday Crafts and Adventures

The following activities provide kids and parents the opportunity to make island memories by creating unique coastal souvenirs or having a wild adventure. All activities take place at the Grand Pavilion unless otherwise specified, and will last approximately one hour. Reservations are required. Please sign up 24 hours in advance. Extension 2292.

Sunday, December 27 - Saturday, January 2



Village Plaza



Swim Center



Grand Pavilion North Lawn

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
noon	Tie Dye	Flag Football	Family Stepping Stones	Guitar Hero	Kickball	Family Bingo	Tie Dye
2 p.m.	Guitar Hero	Family Bingo	Family Bingo	Tie Dye	Hat Décor	Family Stepping Stones	Guitar Hero



**Family Bingo** Join us for an evening of family bingo, complete with prizes for the winners! Cost is \$5 for two cards and four games.

**Family Stepping Stones** Make your first of many Wild Dunes Family Stepping Stones—perfect memories for your garden or back yard. Don't forget the beautiful shells you collected all week to incorporate into your craft. Cost is \$15 per child.

**Flag Football** Bring the whole family out to enjoy this classic American sport. Complimentary.

**Guitar Hero® Challenge** Let your inner Rock Star out on the Grand Pavilion. Match your guitar shredding wits with other Rocks Stars to find out who will be Wild Dunes' very own Guitar Hero. Don't forget to dress the part! Cost is \$5 per child.

**Hat Décor** Construct a hat to wear while you celebrate the new year! Cost is \$10 per child.

**Kickball** Kick, run and slide the bases with this classic game. Depending on the tide, we may even “go wild” and take our game down to the beach. Complimentary.

**T-shirts to Dye for!** Dye your very own groovy Island Adventures T-shirt. Each shirt is as unique as the person who made it! Cost is \$15 per child.



family favorite



couples' choice

wilddunes.com

888.845.8915

## Holiday Lights Sunset Harbor Cruise

A winter sunset over the salt marsh is one of the most magnificent sights in the Lowcountry. We will depart at sunset and head south along the Intracoastal Waterway to the Charleston Harbor. Enjoy a cup of complimentary hot cocoa as we cruise by the historical houses of Mt. Pleasant's "Old Village" for a viewing of their holiday lights. Guests are welcome to bring coolers with beverages and snacks. Cost is \$34 per adult, \$24 per child 12 and under. Trips will run December 12 and December 19 from 5-7 p.m. Please dress appropriately for winter months. A blanket for two is a nice choice! Advanced booking is required. Extension 2292.

## Lowcountry Boil

Saturday, December 26

Join us for a Lowcountry Boil of fresh shrimp, potatoes, corn and sausage on The Village Plaza from 5-7 p.m. Cost is \$25 for adults, \$12 for children ages 5-12 and complimentary for children under 4. Reservations are required at extension 2307. To cancel, please call 48 hours in advance to avoid being charged in full.

## Elf Stocking Delivery

To add a little magic to the holidays for our youngest guests, we'll send over one of Santa's helpers to hand-deliver your child a Christmas stocking filled with kiddie favorites. Stockings include a variety of candy, toys, games and beach favorites. Offered Thursday, Friday and Saturday nights, December 10-19. Cost is \$25 for each stocking delivered. Elves require a 48-hour notice. Extension 2292.



## Breakfast with Santa

Head to The Lettered Olive to enjoy a delicious breakfast with Santa. Juniors can't resist the combination of Rudolph's pancake buffet with its loads of sweet-tooth toppings and chocolate milk. Adults can follow suit, or order from the breakfast menu. And once the whole family is rubbing their bellies, make sure to get a picture with Santa and a special surprise gift. Saturdays, December 12 and 19. Cost is \$12 for the buffet. Reservations are required. Extension 7300.

## Christmas Morning Brunch at The Lettered Olive

On Christmas morning, come to The Lettered Olive for a delicious plated Lowcountry brunch including a carving station and omelet station along with traditional Christmas favorites served from 10:30 a.m.-3 p.m. Cost is \$24 for adults and \$10 for children ages 12 and under. Bloody Mary bar available for purchase. For reservations, please call extension 7300.

## New Year's

### New Year's Celebration at The Lettered Olive

New Year's is a time to celebrate with family and friends. It is a time to reflect on the past and envision the future - so come and celebrate at The Lettered Olive! Live music and dancing from 8:30 p.m.-12:30 a.m. We'll have party favors, a complimentary sweets table and champagne toast at midnight with a sparkling cider toast for kids. Reservations recommended for dinner at extension 7300.

## December 31st: Countdown to Noon!

Why wait until midnight to celebrate the promise of a new year? With Countdown to Noon at the Swim Center, we provide a fabulous party for our guests of all ages. There will be all sorts of wacky games with a balloon drop at noon. For those brave souls, take a Polar Bear Slide Plunge on our 18 foot waterslide. Thursday, December 31 from 10 a.m.-12:30 p.m. Extension 2292.



## December 31st: Romance by the Sea

For a quiet, intimate option, ring in the New Year with a romantic dinner at the Sea Island Grill. Feast on incredible Lowcountry seafood and prime meats. Reservations required. Extension 2200.

## New Year's Day 5K Beach Run/Walk

Join us at the Grand Pavilion at 8 a.m. on Friday, January 1 for a run on the beach! Prizes will be awarded for the top male and female finisher. Entry fee is \$25 and includes a t-shirt. Please pre-register at the Fitness Center on The Village Plaza 24 hours in advance. Call extension 7008 for more information.

## New Year's Day Breakfast Buffet

Enjoy a breakfast buffet and Bloody Mary bar available for purchase at The Lettered Olive from 8 a.m.-1 p.m. on New Year's Day. Cost of the buffet is \$17 excluding alcohol. Extension 7300.

## The Lettered Olive Tastings

Join our chefs at The Lettered Olive for a tasting from 5-7 p.m. All tastings will be paired with chef's hors d'oeuvres and specialties. Please call extension 7300 to make a reservation.

### *Saturday, September 12* - Wine Tasting

As late summer turns to fall, enjoy a variety of wines including those with richer flavors and fuller bodies for the upcoming cooler temperatures and holiday festivities and meals!

### *Saturday, October 10* - Beer Tasting

There's no better season to sample an assortment of beers. Unleash the craving for hearty beers - just in time for football season!

### *Saturday, November 14* - Bourbon/Scotch/Whisky Tasting

The sense of smell is one of the most sophisticated senses. Don't miss the pleasure that can be gained from "nosing and tasting" the selection of bourbons scotches and whiskeys at this event.

## Football

Catch the hard-hitting action of your favorite college and professional football teams at The Lettered Olive Saturday and Sunday nights. Extension 2297.



# wellness programs

Seeking your center? Our Fitness Center, wellness programs, yoga and abundant walking trails just beg everyone to get out and feel great. The Fitness Center can provide information on daily hours, classes, personal training and special products.

Access to the Fitness Center is complimentary for all guests staying at Wild Dunes Resort. The Fitness Center also offers a selection of professional health and fitness services. Advanced cardiovascular and weight training equipment is available. Children under the age of 15 are not permitted in the Fitness Center and children ages 15-18 must be accompanied by an adult.

The Fitness Center is located on The Village Plaza with keycard access from 6 a.m.-11 p.m. daily. For details about equipment, classes and personal training services, please call 888.845.8915 or on the Resort, call extension 7008.

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## Wellness Programs and Services

### Yoga

For the ultimate relaxation experience, join our instructors who will lead the way to better holistic health for you. Class is held Wednesday and Friday from 9-10:30 a.m. in the Tidewater Conference Center. Cost is \$20 per person, per class. Pre-registration and a minimum number of participants are required. Extension 7008.

### Tai Chi

The ancient art of Tai Chi uses gentle flowing movements and postures in a slow, graceful manner. Tai Chi is used to reduce stress, increase flexibility, improve muscle strength and definition, and advance balance. Anyone, regardless of age or physical ability, can practice and benefit from the art of Tai Chi. Held Monday at 9 a.m. in the Tidewater Conference Center. Cost is \$12 per person, per class. Pre-registration and a minimum number of participants are required. Extension 7008.

### Personal Training

Use your vacation as a chance to start a new exercise regimen. Our staff of certified personal trainers is ready and waiting to get you (or keep you) in tip-top shape. We offer a wide variety of options, including sport-specific training, maintenance programs and introductory programs for the novice exerciser. Call at least 24 hours in advance to cancel or change personal training appointments to avoid being charged in full. Extension 7008.

### Body Sculpt

Our instructors will take you through a complete bodyweight circuit followed by dynamic exercises that offer an ideal balance of strength training and cardiovascular. Held Thursdays at 9 a.m. Cost is \$12 per class. Pre-registration and a minimum number of participants are required. Extension 7008.

### Wellness Package

Give your muscles the ultimate workout with a one hour personal training session and cool down with a 50-minute sports massage. Cost is \$130 per person. Extension 7008.

## Physical Fitness Assessment

Receive a full physical assessment of your weight, resting heart rate, body fat measurements and analysis, circumference measurements, resting blood pressure, cardiovascular health and flexibility. At the end of your test, our certified trainers recommend general physical fitness guidelines based on your results. We suggest this physical assessment in conjunction with a personal training session or series. Extension 7008.

Description	One Person	Two People
Full physical assessment and:		
Two one-hour personal training sessions	\$160	\$175
Three one-hour personal training sessions	\$210	\$225
Four one-hour personal training sessions	\$250	\$270
Five one-hour personal training sessions	\$285	\$305
Full 50-minute physical assessment	\$65	\$125
Express 30-minute personal training workout	\$35	

## Sports Training Assessment

Our staff of personal trainers will help you get an edge on your game with exercises and strength training essential to excelling at the sport of your choice. Expect hand-eye coordination, agility and balance exercises. Cost is \$65 for 50 minutes. Extension 7008.

## Tennis Training

Athletes prone to tennis elbow are often also prone to rotator cuff injuries. In turn, rotator cuff exercises can help prevent common injuries that occur in racquet sports. Our staff of personal trainers will show you how to perform exercises to strengthen rotator cuff muscles. Cost is \$35 for 30 minutes. Extension 7008.

## Golf Motion Assessment

A lack of flexibility through the hips and trunk can be a major hindrance to a good golf swing. After conducting trunk, neck and hamstring flexibility tests, your personal trainer will review stretches you can do on your own to increase and maintain your flexibility. Cost is \$65 for 50 minutes. Extension 7008. \*Add a 50-minute neuromuscular massage to release tight muscles that might hinder your golf game for only \$70.

## Nutrition Consultation

Our nutrition consultations are customized to meet your specific needs. Looking to get leaner, bulk up, or maybe you just want to live a healthier lifestyle? We determine your current eating and exercise habits, then create a personalized, long term plan with recommendations on nutrition and exercise to help you achieve your goals. Cost is \$40 per person for 25 minutes. Extension 7008.

For a comprehensive health assessment, combine a personal training session with a nutrition consultation. Cost is \$95 per person for 80 minutes. Extension 7008.

# sand & sea salon and spa services

If you find you've been overdoing it - at the office or on the courses and courts - book a little "me" time. Just say aaaaahhhh at Sand & Sea Salon and Spa Services. Book a microdermabrasion, sea salt scrub or massage - or return home with a new "do" from our stylists. For a complete spa menu of services (some available in room) and prices, visit Sand & Sea on The Village Plaza, see your guest directory or call extension 2555.

Please call at least 24 hours in advance to cancel or change appointments to avoid being charged in full. Prices and services are subject to change. For more information or to make an appointment, please call 888.845.8915 or on the Resort, call extension 2555.

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## Hair Care

Women's Cut and Style	\$55
Men's Cut	\$35
Pre-Teen Cut	\$35
Child's Cut (Ages 9 and under)	\$25
Shampoo and Blow Dry	\$40+
Add-on Thermal Curl/Flat Iron	\$10+
Highlights/Lowlights, Partial	\$85+
Highlights/Lowlights, Full	\$105+
Single Process, Permanent Color	\$65+

## Spa Packages

**Pamper your Piggies** 90 minutes, \$125 Our custom manicure and pedicure, with a paraffin dip for your hands or feet and your own bottle of OPI nail polish.

**Body and Soul** 50 minutes, \$119 Combine a 25-minute back and shoulder massage with our detoxifying body scrub.

## Massage Therapy

**Hot Herbal Compress Massage** 80 minutes, \$175 Our signature massage features an indulgent Thai treatment in which a special blend of herbs are wrapped in a cloth and applied to the body to deliver healing and therapeutic properties. Take-home compress included.


**Therapeutic Massage** 25 minutes, \$59 / 50 minutes, \$85 / 80 minutes, \$144 • Swedish - light to deep touch for relaxation • Sports - fast, swift strokes

**Neuromuscular Massage** 25 minutes, \$64 / 50 minutes, \$90 / 80 minutes, \$149 Deep tissue focus

**Aromatherapy Massage** 50 minutes, \$106 Create an eight-ounce custom blended massage oil to take home after your massage.

**“To the Point” Foot Reflexology** 25 minutes, \$65 / 50 minutes, \$95 Feet are the road maps to our bodies. This technique is great for pinpointing high-stress and tension areas.

\*Add a mint julep mask for \$10

 **Couples Massage Class** 50 minutes, \$175 Let one of our experienced massage therapists teach you and your partner the art of massage.

**Warm Lava Shells Massage** 50 minutes, \$99 A massage with shells rubbed smooth by sand, heated from within, that harness the life energy of the sea. The Lava Shells warm the muscles and are smooth to the touch.

**Ashiatsu Barefoot Massage** 50 minutes, \$99 The therapist’s clean, soft feet glide effortlessly over the contours of the client’s body. This versatile massage can be enjoyed by those who prefer either light or deep pressure.

## Body Treatments

**S.O.S. Sugar Scrub** 25 minutes, \$69 Perfect for smoothing rough skin.

**Shirodhara** 25 minutes, \$75 A unique relaxing treatment where oil is poured slowly in a steady stream from a copper vessel directly above the forehead. For 15-20 minutes, you are lulled into a tranquil state of well-being and peaceful meditation, as the oil pours on your skin and hair.

### Eminence Body Wraps

A luxurious hydrating treatment that leaves your entire body glowing, renewed, refined and revitalized.

Blueberry Soy Slimming - firming

Mango Enzyme - hydrating

Cucumber & Mint - purifying

Pear and Green Apple - hydrating

Herbal - cellulite treatment

50 minutes, \$115

Cucumber & Mint Body Wrap - oxygenating, perfect for sun damaged skin  
60 minutes, \$99

### Seasonal Wraps:

Chocolate Truffle - hydrating and refining

Hungarian Mud - detoxifying

Pumpkin - hydrating

50 minutes, \$115

**Ear Candling** A gentle and relaxing treatment, which softens ear wax and evaporates excess moisture. May relieve ear ache pain and pressure of the sinuses.

45 minutes, \$65

## Skin Care Treatments

**Quick Fix Facial** 25 minutes, \$59 Perfect for those limited on time. Includes cleansing, massage and mask.

**Traditional Facial** 50 minutes, \$89 This popular facial has it all: cleansing, extra attention to extraction, steam, massage and mask.

**Eminence Experience** 60 minutes, \$115 A facial like no other you've ever experienced. Uses an extensive selection of organic ingredients.

**Microdermabrasion** Time varies, \$125 The Diamond Peel™ is an aggressive and effective way to renew the skin's surface. Used to combat a variety of skin issues, such as sun-damaged skin, acne and fine lines.

**Fall for a Facial** \$125

Treat yourself to an exquisite organic facial just for the autumn season, an Eminence facial with a yam and pumpkin enzyme peel

**Sugar Plum Holiday Facial** \$125

Ideal for all skin types, plums are proven to have high levels of photo nutrients for those who love "fun in the sun"

## Bare Therapy

Bikini	\$50	Back	\$65+	Brows	\$20
Lip	\$12	Half Leg	\$45	Full Leg	\$75

## Nail Therapy

**"Out the Door" Express Manicure and Pedicure** 50 minutes, \$75 Includes filing, polish and light cuticle maintenance.

**Custom Manicure** \$35 Includes filing, detailed cuticle treatment, hand massage and polish

**Men's "Man"icure** \$20 Just for the guys. Includes shaping and buffing and light cuticle maintenance

**Custom Pedicure** \$55 Get toes ready to show with this classic pedicure that includes a foot soak, detailed cuticle and callous care, a foot massage and polish.

**Hot Stone Pedicure** \$75 Make your pedicure even more enjoyable by adding hot stones. Basalt stones are used to massage your feet and placed between toes for ultimate relaxation.

## Children's Nail Therapy

Ages 9 and under

**Bee a Princess \$45** Features Burt's Bees products and a relaxing facial to educate on the basics of pampering

**Little Miss Manicure \$25** Includes file, cuticle care, moisturizer and polish

**Princess Pedicure \$35** Includes file, exfoliate, cuticle care, moisturizer and polish

**This Little Piggy \$69** Includes the "Little Miss Manicure" and "Princess Pedicure" and a little piggy pillow

### Vacations should be easy...

Instead of carrying cash around on vacation, Go Wild Cards can be used as debit cards for goods and services purchased on the Resort. Perfect for families! Go Wild cards may be purchased in advance at 888.845.8915 or in any Resort outlet.

### Holiday Gift Cards

The perfect holiday gift for anyone on your list this season, Wild Dunes Gift Cards and Go Wild Cards can be redeemed at all Resort outlets. To purchase, visit any Resort outlet or [wilddunes.com](http://wilddunes.com).

# cuisine

All this talk of playing and relaxing makes us hungry. Good thing there are so many terrific choices available within our gates. Our chefs blend the Lowcountry's unique culinary style with the best fresh, locally harvested foods. Reservations are suggested and children are welcome in all of our restaurants.

\*Please see the weekly guest newsletter, available at Guest Services, for all hours of operation.

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## The Lettered Olive

Enjoy three meals daily, drinks and snacks at this casual, family-friendly restaurant. The Lettered Olive is situated in the heart of The Village Plaza and specializes in contemporary fare including oak fired flatbreads and island specialties with outdoor seating available on the patio. The bar provides the perfect atmosphere for top-shelf cocktails. Open daily. For reservations, please call 888.845.8915 or extension 7300 on the Resort.

## Hudson's Market

Hudson's Market provides a wonderful assortment of sandwiches and beverages for immediate gratification, as well as all of the ingredients for a wonderful gourmet meal in your suite, home or villa including an excellent selection of wine and cheese, and an assortment of sundry items to make your vacation as convenient and comfortable as possible. Enjoy a selection of gifts, accessories, local handmade jewelry and more. Located on The Village Plaza. Open daily. Extension 7301.

## Dunes Deli

Grab and go. That's Dunes Deli. From morning staples like gourmet coffee and donuts, to sandwiches and salads, your appetite's covered. Located next to the Harbor Pro Shop. Open seasonally. Extension 2233.

## The Grand Pavilion Café and Bar

Open seasonally, the Grand Pavilion Café & Bar offers a panoramic ocean view and a winning combination of kid-friendly and adult fare. Sandwiches, snacks, drinks and cocktails with a side of salt air. Extension 2107.

## Dinner Delivered

Sometimes a true vacation means that dinner magically appears on your table - no fuss, no muss. That's precisely what Dinner Delivered offers - a multi-course meal for either four to six or eight to ten people, complete with disposable dinnerware and condiments. Local cuisines or an Italian feast are the daily bill of fare. Minimum 48 hour notice needed. Call 888.845.8915 or extension 2307 on the Resort for more details.

*Lowcountry Smoked BBQ Pork* \$160 (8-10 people) \$96 (4-6 people)

Slow-smoked shredded pork with toasted ciabatta bread and our lip-smacking, house-made Carolina sauce. Served with sweet pepper relish, yukon gold parsley potato salad and cole slaw. Dessert is chocolate cake.

 *Wild Dunes' Southern Fried Chicken* \$165 (8-10 people) \$99 (4-6 people)

Crispy fried chicken with buttermilk biscuits and whipped honey butter. Served with creamy cole slaw and Charleston red rice. Dessert is deep dish apple pie with fresh whipped cream.

*Famous Family Frogmore Stew* \$195 (8-10 people) \$117 (4-6 people)  
Medley of fresh shrimp, smoked sausage, corn on the cob and yukon gold potatoes simmered in spicy seafood broth. Served with cocktail sauce and lemon wedges, a seasonal salad with sugared pecans and poppy seed vinaigrette and warm corn muffins and honey butter. Dessert is assorted jumbo cookies and brownies.

*Family Italian Feast* \$150 (8-10 people) \$90 (4-6 people)  
Traditional baked lasagna served with red sauce, classic Caesar salad tossed with golden garlic croutons, shredded parmesan and grilled ciabatta bread. Dessert is tiramisu.

## resort shopping

### **Wild Dunes Tennis and Gifts**

Located in the Tennis Center, Wild Dunes Tennis and Gifts offers tennis equipment and racquet services, plus fun and stylish tennis attire. Open daily 9 a.m.-5 p.m. Extension 2113.

### **Hudson's Market**

Hudson's Market provides an assortment of sandwiches and beverages for immediate gratification, tasty Lowcountry snacks, as well as all the ingredients for a gourmet meal in your suite, home or villa including an excellent selection of wine and assortment of sundry items to make your vacation as convenient and comfortable as possible. Enjoy a selection of gifts, accessories, local handmade jewelry and more. Located on The Village Plaza. Hours change seasonally. Extension 7301.

### **Harbor Pro Shop**

Our Harbor Course Pro Shop offers the latest in golf attire, logo wear, gift items and golf shoes from brand names such as Callaway, Fila and Adidas®. Open daily. Extension 2004.

### **Island Adventures Outfitters**

Stop by our outdoor adventure headquarters for top of the line apparel and information about daily equipment rentals. Gear by Under Armour®, The North Face®, Columbia, Reef footwear, Morey, Wiki and more is available for your vacation's island adventures. And while you're here, book resort activities including water and wildlife excursions, golf, tennis and resort dining with an Ambassador of Island Fun. Located on the Village Plaza. Open seasonally. Please call for hours. Extension 2109.

### **Links Pro Shop**

Set in the Links Clubhouse, our Pro Shop offers a wide variety of golf clothing for men, women and children, plus any golf equipment you might need with brand names such as Ashworth, Greg Norman and Tommy Bahama. Open daily. Extension 2002.

### **The Surf Shop**

Located on the Grand Pavilion, The Surf Shop is where you'll find sunscreen, hats, t-shirts, Go Wild merchandise and other beach essentials. Open seasonally. Extension 2105.

## Sand & Sea Salon and Spa Services

Sand & Sea, located on The Village Plaza, offers a selection of natural and organic hair care, skin care, massage and makeup products including Bare Minerals, Bumble and Bumble, Burt's Bees, locally made Deep Steep, Eminence, Glymed and MD Formulations merchandise. Extension 2555.

## Wild Dunes Gift Cards

Take Wild Dunes home with you - or give a bit of the Resort to your family and friends with a Wild Dunes Gift Card. Gift cards may be purchased in all Resort outlets or on our Web site [wilddunes.com](http://wilddunes.com). Extension 2260.

## Go Wild Cards

Perfect for families! Instead of carrying cash around on vacation, Go Wild Cards can be used as debit cards for goods and services purchased while on the Resort. Go Wild Cards may be purchased in advance at 888.845.8915 or in any Resort outlet.

# resort destination photography

Resort Destination Photography is at your service to make your stay at Wild Dunes Resort a lasting memory. Capture your best moments with professional photographs of you and your family and friends at the beach or pool, golfing, playing tennis or at your favorite spot! Resort Destination Photography uses high quality digital technology and posts your images on its password protected, secure website for your exclusive viewing. There is no charge until you choose to order from a variety of print packages on the Web site.

As the Official Photographer of Wild Dunes Resort, you'll see RD Photography at events and locations throughout the resort taking candid photographs. Simply ask to have your photo taken at no charge. Or you may arrange private sittings for family portraits, holiday pictures or just plain fun! Private sittings can be arranged for as little as 15 minutes, half hour or hourly depending on your group size and desired location(s). RD Photography is also available for weddings, parties and special events. Your pictures will be waiting for your review the very next morning, just a point and click away! Visit the Web site at [www.rd-photos.com](http://www.rd-photos.com), log in under your name and date and choose the photos you would like to order. RD Photography offers competitive pricing on your prints and volume discounts for holiday cards.

Call today to book a session at 843.452.3175.

## We want your vacation pictures!

Share your favorite Wild Dunes memories with friends, family...and the world.  
Visit [wilddunes.com](http://wilddunes.com) to send us your favorite Wild Dunes photo.

We may just post them to the website!

# historic charleston

Historic Charleston is just 30 minutes from Wild Dunes Resort. This beautiful city is a regular on magazines' Top Destination lists (*Travel + Leisure*, *Southern Living*, *National Geographic*). Explore her cobblestone streets, boutiques and galleries, lush gardens, antebellum homes, restaurants and the bustling Old Market where century's old traditions combine with one-of-a-kind local artistry. For more information about Charleston, visit [charlestoncvb.com](http://charlestoncvb.com).

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## Year-Round Favorites

### Private Tours

Customize any tour to suit your tastes. Popular trips include a city tour of historic Charleston; boutique shopping excursions in downtown Charleston; plantation tours of Middleton Place, Boone Hall, Drayton Hall, Magnolia Plantation; and museum house tours. Cost ranges from \$60-\$75 per hour for one to four people, two-hour minimum. Please call 843.345.1130 for more information.

## Local Calendar of Events

### Charleston Green Fair

September 27, 2009

Bring your family for an exciting day of eco-friendly fun! Local sustainable food, music and demonstrations of the latest "green" technologies. Highlighting local businesses working to make the Lowcountry a healthier, more efficient place to live. Wild Dunes chef T. Cooper Thomas will be there competing in the Shrimp Cooking Contest! For more information, please call 843.513.2655 or visit [charlestongreenfair.com](http://charlestongreenfair.com).

### 33rd Annual Fall Tours of Homes & Gardens

September 24-October 25, 2009

The tours take place each Thursday and Friday evening from 7-10 p.m., and Saturday and Sunday afternoons from 2-5 p.m. All tours are self-paced walking tours held on the peninsula of Charleston within the city's various historic neighborhoods. The tours feature beautifully appointed gardens and architecturally significant homes, churches and public buildings. For more information, call 843.722.4630 or visit [preservationsociety.org](http://preservationsociety.org).

### 29th Annual Taste of Charleston

October 11, 2009

Charleston's best restaurants offer their house specialties in "bite-size" portions for you to sample at Boone Hall Plantation. For more information, call 843.577.4030 or visit [charlestonrestaurantassociation.com](http://charlestonrestaurantassociation.com).

### Holiday Festival of Lights

November 11, 2009-January 3, 2010

Features include holiday gift shops, train rides, sand sculptures, marshmallow roasts, hay rides, Santa and more. The Festival of Lights is located at James Island County Park. Cost is \$10 per car, truck or family. For more information, call 843.795.4FUN or visit [ccprc.com](http://ccprc.com).

### 14th Annual Town of Mount Pleasant Christmas Light Parade

More than 100 floats will march down Coleman Boulevard on December 13, as the Mount Pleasant Holiday Parade set sails to the delight of thousands of residents and

visitors. Parade begins at approx. 5:30 p.m. Coleman Blvd., Mt. Pleasant. For more information, call 843.884.8517 or visit [townofmountpleasant.com](http://townofmountpleasant.com).

## Nearby Attractions

### Boone Hall Plantation

Explore the grounds of the most historic plantation in Mount Pleasant, where Capt. Thomas Boone planted the alee in 1743. Boone Hall is approximately a 20-minute drive from Wild Dunes Resort. Please call 843.884.4371 or visit [boonehallplantation.com](http://boonehallplantation.com) for more information.



### The South Carolina Aquarium

The Aquarium is devoted to the understanding and conservation of South Carolina's aquatic habitats. Jutting out into the Charleston Harbor for 2,000 feet is a 93,000-square-foot aquarium featuring a two-story Great Ocean Tank Exhibit. Contained within are some 800 animals, including sharks, sea turtles and stingrays. Explore new worlds at South Carolina Aquarium's newest exhibit, Penguin Planet! Penguin Planet features four Magellanic Penguins in a brand new interactive exhibit experience. Located in downtown Charleston, the Aquarium is approximately a 30-minute drive from Wild Dunes Resort. Please call 843.720.1990 or visit [scaquarium.org](http://scaquarium.org) for more information.

### Gibbes Museum of Art

With over 10,000 objects, the Gibbes Museum of Art maintains an impressive American fine arts collection with a Charleston perspective. Located in downtown Charleston, the Gibbes is approximately a 30-minute drive from Wild Dunes Resort. Please call 843.722.2706 or visit [gibbesmuseum.org](http://gibbesmuseum.org) for more information.

### Sweetgrass Baskets

Sweetgrass basket making has been a part of South Carolina history for more than 300 years. Find these historical baskets downtown on Market Street, or sold at roadside stands along Highway 17, which leads to and from Wild Dunes Resort.

### USS Yorktown

The original USS Yorktown sank at the Battle of Midway on June 7, 1942. Located in Mount Pleasant, the Yorktown is approximately a 20-minute drive from Wild Dunes Resort. Please call 843.884.2727 for more information.

### Fort Sumter

The first engagement of the Civil War took place at Fort Sumter in the Charleston Harbor on April 12, 1861. Don't miss a chance to explore history. The Fort Sumter tour boat is approximately a 20-minute drive from Wild Dunes Resort. Please call 800.789.3678 for more information.

### H. L. Hunley

For more than a century, the fate of the Hunley remained one of the great, unsolved mysteries of the Civil War. On August 8, 2000 the Hunley was raised from the bottom of the sea and towed ashore and is now available for viewing. Located in North Charleston, the Hunley is approximately a 25-minute drive from Wild Dunes Resort. Please call 877.448.6539 for more information.